

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Morning Calls 11:15 Fit for Life – SR 11:45 Daily Chronicle and Devotional – SR 1:30 Travelogue – AR 2:30 Cookie Social – AR 3:00 Bingo – AR 6:30 Evening Movie – CM. New Year's Day	9:30 Morning Calls 11:15 Fit for Life – SR 11:45 Daily Chronicle and Devotional – SR 1:30 Someday we'll laugh at this social hour – AR 2:30 Bobby G Performs Live-AR 3:30 Bingo – AR 4:30 Mail Delivery	9:30 Morning Calls 11:15 Fit for Life – SR 11:45 Daily Chronicle and Devotional – SR 1:30 Fancy Nails/Essential Oil Hand Massages – PZ 2:00 Horse Racing Game – AR 3:30 Bingo – AR 4:30 Mail Delivery	9:30 Morning Calls 11:15 Fit for Life – SR 11:45 Daily Chronicle and Devotional – SR 1:30 Resident's Choice Board Game-AR 2:00 Left, Right, Center – AR 3:30 Bingo – AR 4:30 Mail Delivery	9:30 Morning Calls 10:30 Catholic Rosary Video 11:00 Daily Chronicle & Devotional 11:15 Exercise with Cher 1:30 Ball Drumming – SR 3:00 PO-KE-NO – AR 3:30 Bingo – AR 4:30 Mail Delivery	9:30 Morning Calls 11:00 Catholic Communion & Prayer – PR 11:15 Fit for Life – SR 11:45 Daily Chronicle and Devotional – SR 1:30 -Celebrate Wheel of Fortune Day-AR 2:30 Root Beer Float Social 3:30 Bingo – AR 6:30 Evening Movie – CM	9:30 Morning Calls 11:15 Fit for Life – SR 11:45 Daily Chronicle and Devotional – SR 1:30 The Crown Netflix Series – AR 2:30 Hot Chocolate Social– AR 3:00 Coloring Pages – PZ 3:00 Bingo – AR 6:30 Evening Movie – CM
9:30 Morning Calls 11:15 Fit for Life – SR 11:45 Daily Chronicle and Devotional – SR 1:30 Travelogue – AR 2:30 Cookie Social – AR 3:00 Bingo – AR 6:30 Evening Movie – CM	9:30 Morning Calls 11:15 Fit for Life – SR 11:45 Daily Chronicle and Devotional – SR 1:30 Wii Games – AR 2:30 Kings in the Corner –AR 3:30 Bingo – AR 4:30 Mail Delivery	9:30 Morning Calls 11:15 Fit for Life – SR 11:45 Daily Chronicle and Devotional – SR 1:00 GO TEAM Therapy Dogs-AR 1:30 Fancy Nails/Essential Oil Hand Massages – PZ 3:30 Bingo – AR 4:30 Mail Delivery	9:30 Morning Calls 11:15 Fit for Life – SR 11:45 Daily Chronicle and Devotional – SR 1:30 Cooking Demo- AR 2:00 Left, Right, Center – AR 3:30 Bingo – AR 4:30 Mail Delivery	9:30 Morning Calls 10:30 Catholic Rosary Video 11:00 Daily Chronicle & Devotional 11:15 Exercise with Cher 1:30 Ball Drumming – SR 3:00 PO-KE-NO – AR 3:30 Bingo – AR 4:30 Mail Delivery	9:30 Morning Calls 10:30 Fit for Life – SR 11:00 Catholic Communion & Prayer – PR 1:00 Snowman Crafter's Corner-AR 2:30 Root Beer Float Social 3:30 Bingo – AR 6:30 Evening Movie – CM	9:30 Morning Calls 11:15 Fit for Life – SR 11:45 Daily Chronicle and Devotional – SR 1:30 The Crown Netflix Series – AR 2:30 Hot Chocolate Social– AR 3:00 Coloring Pages – PZ 3:00 Bingo – AR 6:30 Evening Movie – CM
9:30 Morning Calls 11:15 Fit for Life – SR 11:45 Daily Chronicle and Devotional – SR 1:30 Travelogue – AR 2:30 Cookie Social – AR 3:00 Bingo – AR 6:30 Evening Movie – CM	9:30 Morning Calls 10:30 Fit for Life – SR 11:00 Daily Chronicle & Devotional 11:15 Ring Toss – SR 1:30 Martin Luther King Jr celebration – AR 2:30 Kings in the Corner –AR 3:30 Bingo – AR 4:30 Mail Delivery Martin Luther King Jr. Day	PGA Day! 9:30 Morning Calls 11:15 Fit for Life – SR 11:45 Daily Chronicle and Devotional – SR 1:30 Putting Green Golfing-MS 2:30 Golf Trivia – AR 3:30 Bingo – AR 4:30 Mail Delivery	9:30 Morning Calls 11:15 Fit for Life – SR 11:45 Daily Chronicle and Devotional – SR 1:30 Fancy Nails/Essential Oil Hand Massages – PZ 3:30 Bingo – AR 4:30 Mail Delivery	9:30 Morning Calls 10:30 Catholic Rosary Video 11:00 Daily Chronicle & Devotional 11:15 Exercise with Cher 1:30 Ball Drumming – SR 2:30 Resident Council – AR 3:30 Bingo – AR 4:30 Mail Delivery	9:30 Morning Calls 11:00 Catholic Communion & Prayer – PR 11:15 Fit for Life – SR 11:45 Daily Chronicle and Devotional – SR 1:30 Gary Kolody Performs LIVE-AR 2:30 Root Beer Float Social 3:30 Bingo – AR 6:30 Evening Movie – CM	9:30 Morning Calls 11:15 Fit for Life – SR 11:45 Daily Chronicle and Devotional – SR 1:30 The Crown Netflix Series – AR 2:30 Hot Chocolate Social– AR 3:00 Coloring Pages – PZ 3:00 Bingo – AR 6:30 Evening Movie – CM
9:30 Morning Calls 11:15 Fit for Life – SR 11:45 Daily Chronicle and Devotional – SR 1:30 Travelogue – AR 2:30 Cookie Social – AR 3:00 Bingo – AR 6:30 Evening Movie – CM Chinese New Year (Year of the Rabbit)	9:30 Morning Calls 11:15 Fit for Life – SR 11:45 Daily Chronicle and Devotional – SR 1:30 Wii Games – AR 2:30 Kings in the Corner –AR 3:30 Bingo – AR 4:30 Mail Delivery Activity Professionals Week	9:30 Morning Calls 11:15 Fit for Life – SR 11:45 Daily Chronicle and Devotional – SR 1:30 Fancy Nails/Essential Oil Hand Massages – PZ 2:00 Horse Racing Game – AR 3:30 Bingo – AR 4:30 Mail Delivery	9:30 Morning Calls 11:15 Fit for Life – SR 11:45 Daily Chronicle and Devotional – SR 1:30 Made in Michigan Social and Trivia – AR 3:30 Bingo – AR 4:30 Mail Delivery	9:30 Morning Calls 10:30 Catholic Rosary Video 11:00 Daily Chronicle & Devotional 11:15 Exercise with Cher 1:30 Ball Drumming – SR 2:30 Travelogue: Australia Day – CM 3:30 Bingo – AR 4:30 Mail Delivery Australia Day (observed)	9:30 Morning Calls 11:00 Catholic Communion & Prayer – PR 11:15 Fit for Life – SR 11:45 Daily Chronicle and Devotional – SR 2:30 Root Beer Float Social 3:30 Bingo – AR 6:30 Evening Movie – CM	9:30 Morning Calls 11:15 Fit for Life – SR 11:45 Daily Chronicle and Devotional – SR 1:30 The Crown Netflix Series – AR 2:30 Hot Chocolate Social– AR 3:00 Coloring Pages – PZ 3:00 Bingo – AR 6:30 Evening Movie – CM
9:30 Morning Calls 11:15 Fit for Life – SR 11:45 Daily Chronicle and Devotional – SR 1:30 Travelogue – AR 2:30 Cookie Social – AR 3:00 Bingo – AR 6:30 Evening Movie – CM	9:30 Morning Calls 11:15 Fit for Life – SR 11:45 Daily Chronicle and Devotional – SR 1:30 Wii Games – AR 2:30 Kings in the Corner –AR 3:30 Bingo – AR 4:30 Mail Delivery	9:30 Morning Calls 11:15 Fit for Life – SR 11:45 Daily Chronicle and Devotional – SR 1:30 January Birthday Party with D & A Duo Perform LIVE 3:00 Horse Racing Game – AR 3:30 Bingo – AR 4:30 Mail Delivery	January 2023 Pomeroy Rochester <u>Assisted Living</u> *ACTIVITIES ARE SUBJECT TO CHANGE			