




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
10:30 Sunday Stretch 3 rd Floor 11:00 Daily Chronicle & February IQ/Monthly Gazette 3 rd Floor 2:30 Bingo 2 nd Floor DR 3:45 Friendly Visits IR 4:30 Happy Hour DR	10:30 Daily Chronicle 3 rd Floor 11:00 Massachusetts Day 3 rd Floor 2:30 Chair Yoga & Guided Mediation 3rd Floor 3:30 Friendly Visits IR 4:30 Happy Hour & Trivia DR	10:30 Daily Chronicle & Stretch 3 rd Floor 11:00 Pushing the Envelope 3 rd Floor 2:30 Bingo 2 nd Floor DR 4:30 Happy Hour & Karaoke DR 7:30 Hand Massages IR	10:45 Communion Service EC 11:15 Chair Exercise AR 2:00 Baking Demo AR 3:00 Trivia AR 3:30 "On the Same Page" Book Discussion LB 4:30 Happy Hour DR	2:30 Left, Center, Right AR 3:30 Friendly Visits IR 4:30 Happy Hour DR <small>Groundhog Day</small>	10:30 Friday Fitness Fun AR 11:00 Daily Chronicle & Postal Trivia AR 2:30 Bingo 2 nd Floor DR 4:30 Happy Hour & Music DR	10:30 Daily Chronicle 3 rd Floor 11:00 Songs of the Heart Saturday 3 rd Floor 2:30 Craft Class AR 3:30 Friendly Visits 4:30 Happy Hour DR
10:30 Sunday Stretch 3 rd Floor 11:00 Abe Day 3 rd Floor 2:30 Bingo with the DETV Youth Team 2nd Floor DR 3:45 Friendly Visits IR 4:30 Happy Hour DR	<i>10:30-12:00 Morning Manicures AR</i> 2:30 Chair Yoga & Guided Mediation 3rd Floor 3:30 Friendly Visits IR 4:30 Happy Hour & Trivia DR	10:30 Daily Chronicle & Stretch 3 rd Floor 11:00 Valentine's Day Family Feud 3 rd Floor 2:30 Bingo 2 nd Floor DR 4:30 Valentine's Day Happy Hour & Karaoke-Love Songs DR 7:30 Hand Massages IR <small>Valentine's Day</small>	10:45 Communion Service EC 11:15 Chair Exercise AR 2:30 Root Beer Float Social with Entertainment by the D&A Duo DR 3:30 "On the Same Page" Book Discussion LB 4:30 Happy Hour DR	10:30 Daily Chronicle AR 11:15 Exercise with Natalie AR 2:30 Yahtzee AR 3:30 Friendly Visits IR 4:30 Happy Hour DR	10:30 Friday Fitness Fun AR 11:00 Daily Chronicle & Jeopardy Trivia AR 2:30 Bingo 2 nd Floor DR 4:30 Happy Hour & Music DR National Flannel Day!	10:30 Daily Chronicle 3 rd Floor 11:00 Learn about Japan Day 3 rd Floor 2:30 Afternoon in Hollywood & Popcorn LR 4:30 Happy Hour DR
10:30 Sunday Stretch 3 rd Floor 11:00 "King of Motown Day" 3 rd Floor 2:30 Bingo 2 nd Floor DR 3:45 Friendly Visits IR 4:30 Happy Hour DR	10:30 Daily Chronicle 3 rd Floor 11:00 President's Day Guess a Letter 3 rd Floor 2:30 Chair Yoga & Guided Mediation 3rd Floor 3:30 Friendly Visits IR 4:30 Happy Hour & Trivia DR <small>Presidents' Day</small>	10:30 Daily Chronicle AR 11:00 Resident Council AR 2:30 Bingo 2 nd Floor DR 4:30 Mardi Gras Happy Hour & Karaoke DR 7:30 Hand Massages IR <small>Mardi Gras</small>	10:45 Communion Service EC 11:15 Chair Exercise AR 2:30 Memory Lane with Monica from the Library AR 3:30 "On the Same Page" Book Discussion LB 4:30 Happy Hour DR <small>Ash Wednesday</small>	10:30 Daily Chronicle AR 11:15 Exercise with Natalie AR 2:30 Family Feud AR 3:30 Friendly Visits IR 4:30 Happy Hour DR	10:30 Friday Fitness Fun AR 11:00 Daily Chronicle & More Jeopardy Trivia AR 2:30 Bingo 2 nd Floor DR 4:00 Entertainment by Deep River Music DR 4:30 Happy Hour DR	10:30 Daily Chronicle 3 rd Floor 11:00 Food for Thought 3 rd Floor 2:30 Afternoon in Hollywood & Popcorn LR 4:30 Happy Hour DR
10:30 Sunday Stretch 3 rd Floor 11:00 Happy Birthday Jazz 3 rd Floor 2:30 Bingo 2 nd Floor DR 3:45 Friendly Visits IR 4:30 Happy Hour DR	<i>10:30-12:00 Morning Manicures AR</i> 2:30 Chair Yoga & Guided Mediation AR 3:30 Friendly Visits IR 4:30 Happy Hour & Trivia DR	10:30 Daily Chronicle & Stretch 3 rd Floor 11:00 Short Day 3 rd Floor 2:30 Bingo 2 nd Floor DR 4:30 Happy Hour & Karaoke DR 7:30 Hand Massages IR				

February 2023

Pomeroy Living - Assisted Living

Room Key: 3rd Floor=3rd Floor Living room; AR=2nd Floor Activity Room; DR=2nd Floor Dining Room; LR=Living Room; LB=2nd Floor Library; IR=In Room; EC=Event Center 1st Floor