

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2023

Pomeroy Living Sterling Assisted

<p>5 10:30am Sunday Chronicles 11:00am Coffee & Conversation 2:00pm "Name Game" 3:00pm Dominoes 4:00pm Last Word</p>	<p>6 10:30am Chair Exercise 11:00am Crosswords 2:00pm Pamper Hour 3:00pm Hand Massages 4:00pm Purim</p> <p>Purim Begins</p>	<p>7 10:30am Goodlife Church 11:15 The Game of Things 2:00pm Exercise 3:00pm Gary Richard Music</p>	<p>8 10:30am Catholic Communion 11:15 Exercise w/Cher 2:00pm Bingo 3:00pm Holi Social 4:00pm Skip Bo</p>	<p>9 10:30am Chair Exercise 11:00am Apples to Apples 2:00pm Travel To/French Trivia 3:00pm Name Art 4:00pm Men's Club "Ford Mustang"</p>
<p>12 10:30am Sunday Chronicles 11:00am Coffee & Conversation 2:00pm Sing Along 3:00pm Pokeno 4:00pm Oscar Nominees</p> <p>Daylight Saving Time Begins</p>	<p>13 10:30am Chair Exercise 11:00am Resident Council 2:00pm Pamper Hour 3:00pm Hand Massages 4:00pm Room Visits</p>	<p>14 10:30am Chair Exercise 11:00am Word in a Word 2:00pm Start the Garden 3:00pm 10 Most Wanted 4:00pm March Madness</p>	<p>15 10:30am Catholic Communion 11:15 Exercise w/Cher 2:00pm Bingo 3:00pm Fruit Social 4:00pm Phase 10</p>	<p>16 10:30am Chair Exercise 11:00am Last Word 2:00pm Poker 3:00pm Marie Kravets Music</p>
<p>19 10:30am Sunday Chronicles 11:00am Coffee & Conversation 2:00pm Cranium Crunch 3:00pm Fact or Crap 4:00pm Drawing</p>	<p>20 10:30am Chair Exercise 11:00am Crosswords 2:00pm Pamper Hour 3:00pm Hand Massages 4:00pm Room Visits</p> <p>Spring Begins</p>	<p>Happy Birthday Gerry Z 21 10:30am Goodlife Church 11:15 Everybody Knows 2:00pm Exercise 3:00pm Kings in the Corner 4:00pm Moth Radio Hour</p>	<p>22 10:30am Catholic Communion 11:15 Exercise w/Cher 2:00pm Bingo 3:00pm Float Social 4:00pm Scattergories</p> <p>Ramadan Begins</p>	<p>23 10:30am Chair Exercise 11:00am Hang Man 2:00pm Truth or Consequences 3:00pm Pokeno 4:00pm I Spy</p>
<p>Happy Birthday Marie F 26 10:30am Sunday Chronicles 11:00am Coffee & Conversation 2:00pm Blurt 3:00pm Pokeno 4:00pm Where in the World?</p>	<p>Happy Birthday Jean H 27 10:30am Chair Exercise 11:00am Crosswords 2:00pm Pamper Hour 3:00pm Hand Massages 4:00pm Room Visits</p>	<p>28 10:30am Chair Exercise 11:00am LCR 2:00pm Cooking Demo 3:00pm How To... 4:00pm Gardening</p>	<p>29 10:30am Catholic Communion 11:15 Exercise w/Cher 2:00pm Bingo 3:00pm Bingo Store 4:00pm Yahtzee</p>	<p>30 10:30am Chair Exercise 11:00am Flower Arranging 2:00pm Carnival 3:00pm Magic Show w/John Russell</p>
	<p>3 10:30am Cardio Drumming 11:00am Flower Arranging 2:00pm Baking 3:00pm Happy Hour/Jeopardy 4:00pm Uno</p>	<p>17 10:30am Cardio Drumming 11:00am Flower Arranging 2:00pm St. Patrick Party 3:00pm Happy Hour/Jeopardy</p> <p>St. Patrick's Day</p>	<p>24 10:30am Cardio Drumming 11:00am Craft 2:00pm Happy Hour/Jeopardy 3:00pm Birthday Party w/Jeff</p>	<p>31 10:30am Cardio Drumming 11:00am Ramadan 2:00pm Penny Game 3:00pm Happy Hour/Jeopardy 4:00pm Wheel of Fortune</p>
<p>11 10:30am Chair Exercise 11:00am What am I? 2:00pm Bingo 3:00pm Matinee</p>	<p>18 Happy Birthday Audrey B 10:30am Chair Exercise 11:00am Travel To... 2:00pm Bingo 3:00pm Word Within a Word 4:00pm Humor Me</p>	<p>25 10:30am Chair Exercise 11:00am Star of the Month 2:00pm Bingo 3:00pm Matinee</p>		