May 2023

Pomeroy Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Beacon of Light Program daily at 10:30am and 2:00pm in Christie Dayroom.	**1** 9:00 May Activity Boards & Calendars (Units) 11:00 Pet Therapy Visits (Rooms on Christie) 2:00 LCR Game (RT) 4:00 Friendly Visits (Rooms) 6:30 Group Crossword Puzzle (D) May Day	**2** 10:00 Morning Club (D) 11:00 Seated Yoga (D) 2:00 Bingo (RT) 4:00 Activity Visits (Rooms)	**3** 10:00 Morning Club (D) 11:00 Balloon Volleyball (D) 1:30 Pet Therapy Visits (Devon Rooms) 3:30 Horse Card Game (RT) 6:30 Aromatherapy & Relaxation Hand Massages (D)	**4** 10:00 Morning Club (D) 11:00 Music & Manicures (D) 2:00 Bingo (RT) 4:00 Activity Visits (Rooms)	**5** 10:30 Friday Fitness (D) 12:30 Cinco de Mayo Taco Party (RT) 4:00 Friendly Visits (Rooms) 8:00 Friday Movie on Ch. 29 Cinco de Mayo	**6** 10:00 Communion Visits (Rooms) 10:30 Weekend Fitness (RT) 2:00 Kentucky Derby Day: Racing Horse Game (RT) 4:00 Recreation Cart (Rooms)
7 10:30 Non-Denomination Spiritual Reflection (C/D) 2:00 Sunday Social (RT) 3:30 Relaxation Session (C)	**8** 10:00 Morning Club (D) 11:00 Pet Therapy Visits (Rooms on Devon) 2:00 Art Session (RT) Finish the Scene: Poppies 4:00 Friendly Visits (Rooms) 6:30 Resident Choice Game Night (CDR)	**9** 10:00 Morning Club (D) 11:00 Mind/Body Fitness (D) 2:00 Bingo (RT) 4:00 Activity Visits (Rooms)	**10** 10:00 Morning Club (D) 11:00 Baseball Exercise Game (RT) 1:00 Tigers Club vs. Cleveland Guardians Ch. 36 4:00 Music & Manicures (C) 6:30 Humor / Comedy Night (D)	**11** 10:00 Morning Club (D) 11:00 Card Group (D) 2:00 Bingo (RT) 4:00 Activity Visits (Rooms)	**12** 10:00 Fun Friday Topic: Nurses Day (D) 11:00 Friday Fitness (D) 2:00 Happy Hour (RT) 4:00 Friendly Visits (Rooms) 8:00 Friday Movie on Ch. 29	**13** 10:00 Communion Visits (Rooms) 10:30 Weekend Fitness (RT) 2:00 Card Games (D) 4:00 Recreation Cart (Rooms)
14 10:00 Mother's Day Flower & Mimosa Cart (Rooms) 2:00 Mother's Day Tea (RT) 3:30 Relaxation Session (C) 4:00 Friendly Visits (Rooms) Mother's Day National Skilled Nursing Week	**15** 10:00 Morning Club (D) 11:00 Pet Therapy Visits (Rooms on Christie) 2:00 Painting Planter Boxes (Courtyard) 4:00 Friendly Visits (Rooms) 6:30 Evening Coloring & Relaxation Session (D)	**16** 10:00 Coffee Shop & Conversations (Bistro) 2:00 Bingo (RT) 4:00 Activity Visits (Rooms)	**17** 10:00 Morning Club (D) 11:00 Wellness Seminar (RT) 1:30 Pet Therapy Visits (Christie Rooms) 2:00 Gardening in Courtyard 4:00 Music & Manicures (D) 6:30 Aromatherapy & Relaxation Hand Massages (C)	**18** 10:00 Morning Club (D) 11:00 Card Group (D) 2:00 Bingo (RT) 3:00 National Skilled Nursing Week Scavenger Hunt 4:00 Activity Visits (Rooms)	**19** 10:00 Fun Friday Topic: Buick Motor Day (D) 11:00 Friday Fitness (D) 2:00 Spring Art Gallery & Ice Cream Social (RT) 4:00 Friendly Visits (Rooms) 8:00 Friday Movie on Ch. 29	**20** 10:00 Communion Visits (Rooms) 10:30 Weekend Fitness (RT) 2:00 Bingo (RT) 4:00 Recreation Cart (Rooms) Armed Forces Day
21 10:30 Chapel Visits 2:00 May Bingo & Social 3:30 Relaxation Session (C) 4:00 Book Cart (Rooms)	**22** 10:00 Morning Club (D) 11:00 Pet Therapy Visits (Rooms on Devon) 2:00 Sensory Room Visits: Watercolor Paints 4:00 Friendly Visits (Rooms) 6:30 Men's Group (RT) Victoria Day (Canada)	**23** 10:00 Morning Club (D) 11:00 Music & Movement (D) 2:00 Resident Council (RT) 4:00 Activity Visits (Rooms)	**24** 10:00 Morning Club (D) 11:00 Pool Noodle Exercise (D) 1:00 Community Outing 3:30 Relaxation Session (C) 6:30 Trivia Night (C)	**25** 10:00 Morning Club (D) 11:00 Card Group (D) 2:00 Bingo (RT) 4:00 Activity Visits (Rooms) Shavuot Begins	**26** 10:00 Fun Friday Topic: Miles Davis Day (D) 11:00 Friday Fitness (D) 2:00 May Birthday Party & Music with Suzi (RT) 4:00 Friendly Visits (Rooms) 8:00 Friday Movie on Ch. 29	**27** 10:00 Communion Visits (Rooms) 10:30 Weekend Fitness (RT) 2:00 Chess / Dominoes (D) 4:00 Recreation Cart (Rooms)
28 10:30 Spiritual Coloring & Puzzle Activity (C/D) 1:30 Detroit Tigers vs. Chicago White Sox Ch. 36 Tigers Club & Popcorn (Dayrooms)	**29** 10:00 -11:30 Memorial Day Crafts & Fun(RT) 2:00 Red, White & Blue Social (RT) 4:00 Friendly Visits (Rooms) Memorial Day	**30** 10:00 Morning Club (D) 11:00 Twister Exercises (D) 2:00 Bingo (RT) 4:00 Activity Visits (Rooms)	**31** 10:00 Morning Club (D) 11:00 Silly Sports with Therapy (RT) 1:30 Pet Therapy Visits (Christie Rooms) 2:00 Outdoor Courtyard Strolls (weather permitting) 4:00 Music & Manicures (C) 6:30 Aromatherapy & Relaxation Hand Massages			