

Sunday

Monday

Tuesday

Wednesday

Thursday

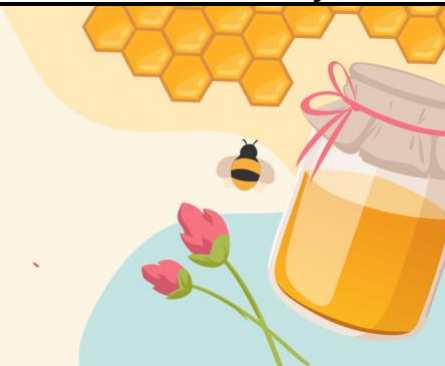
Friday


Saturday





# September 2023


GRAND HAVEN AND COPPER




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| Daily Chronicle <b>1</b>   | Daily Chronicle <b>2</b>   |
| 11:00 Armchair aerobics <b>G</b><br>1:00 Card games-Yatzk<br> 2:00 Movie Matinee & Popcorn- <b>T</b><br>Patio Talks and Gardening | One on One Visits in rooms<br>11:30 Weekend Fitness- <b>G</b><br>2:00 Essential Oils & Hand Massages room to room<br>3:30 Strolling Coffee Bar |

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|---|--|--|--|---|---|---|
| Daily Chronicle <b>3</b>  | Daily Chronicle <b>4</b>   | Daily Chronicle <b>5</b>   | Daily Chronicle <b>6</b>   | Daily Chronicle <b>7</b>  | Daily Chronicle <b>8</b>  | Daily Chronicle <b>9</b>  |
| 10:00 Strolling Fellowship room to room Coffee Bar!<br>1:00 After Lunch walks Outside<br>3:00 Bingo- <b>G</b> | 11:00 Exercise with Hari- <b>G</b><br>2:00 Movie Matinee and popcorn- <b>T</b><br>3:00 Outside Card games – CY<br><b>HAPPY LABOR DAY</b><br><small>Labor Day</small> | Daily Chronicle Essential Oil and Hand Massage<br>11:00 Flower Arranging – <b>G</b><br>2:00 Karaoke Time<br>3:00 Bingo- <b>G</b><br>4:30 Dinner music with Brook | Daily Chronicle<br>10:30 Bible Study with LaNette room to room<br>11:30 Chair Exercise- <b>G</b><br>2:00 Our Lady of Victory Catholic Prayer Service- <b>C</b><br>2:30 Senior Singers- <b>T</b><br><b>Thelma's Birthday!</b> | Daily Chronicle<br>Thursdays with Ted<br>10:30 Pastor Schroeder - <b>C</b><br>11:15 Cardio Drumming- <b>G</b><br><b>1:30 Meijer Shopping Outing</b><br>2:00 Arts and Crafts with Germaine | Daily Chronicle<br>11:00 Armchair aerobics <b>G</b><br>1:00 Bingo-CY<br> 2:00 Movie Matinee & Popcorn- <b>T</b><br>Patio Talks and Gardening | Daily Chronicle<br>10:00 Strolling Fellowship room to room<br>11:30 Weekend Fitness- <b>G</b><br>2:00 Matinee Movie with Popcorn<br>3:00 Manicure Time and Essential Oils |

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|--|--|--|---|---|--|--|
| Daily Chronicle <b>10</b>  | Daily Chronicle <b>11</b>  | Daily Chronicle <b>12</b>  | Daily Chronicle <b>13</b>   | Daily Chronicle <b>14</b>   | Daily Chronicle <b>15</b>  | Daily Chronicle <b>16</b>  |
| 10:00 Strolling Fellowship room to room Coffee Bar!<br>1:00 After Lunch walks Outside<br>3:00 Bingo- <b>G</b><br><small>Grandparents Day</small> | Daily Chronicle<br>11:00 Exercise with Hari- <b>G</b><br>1:00 Outside Walking Club<br>2:00 Movie Matinee and popcorn- <b>T</b><br>3:00 Outside Card games - CY | Daily Chronicle Essential Oil and Hand Massage<br>11:00 Flower Arranging – <b>G</b><br>3:00 Bingo- <b>G</b><br>4:30 Dinner music with Brook<br><b>Chocolate Milkshake Day!</b> | Daily Chronicle<br>10:30 Bible Study with LaNette room to room<br>11:30 Chair Exercise- <b>G</b><br>2:00 Our Lady of Victory Catholic Prayer Service- <b>C</b><br>2:30 Senior Singers- <b>T</b> | Daily Chronicle<br>Thursdays with Ted<br>10:30 Pastor Schroeder - <b>C</b><br>11:15 Cardio Drumming- <b>G</b><br>1:30 Resident Council Meeting In activities room <b>G</b><br><b>2:00 September's Birthday Party!</b> | Daily Chronicle<br>11:00 Armchair aerobics <b>G</b><br>2:00 Movie Matinee & Popcorn- <b>T</b><br> Patio Talks and S'mores!<br><small>Rosh Hashanah Begins</small> | Daily Chronicle<br>One on One Visits in rooms<br>11:30 Weekend Fitness- <b>G</b><br>2:00 Essential Oils & Hand Massages room to room<br>3:30 Strolling Coffee Bar<br><small>Oktoberfest Begins</small> |

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|--|--|---|--|---|---|---|
| Daily Chronicle <b>17</b>  | Daily Chronicle <b>18</b>  | Daily Chronicle <b>19</b>   | Daily Chronicle <b>20</b>  | Daily Chronicle <b>21</b>   | Daily Chronicle <b>22</b>   | Daily Chronicle <b>23</b>   |
| 10:00 Strolling Fellowship room to room Coffee Bar!<br>1:00 After Lunch walks Outside<br><b>1:00 Detroit Lions Game!</b><br>3:00 Bingo- <b>G</b> | Daily Chronicle<br>11:00 Exercise with Hari- <b>G</b><br>1:00 Outside Walking Club<br>2:00 Movie Matinee and popcorn- <b>T</b><br>3:00 Outside Card games – CY | Daily Chronicle Essential Oil and Hand Massage<br>11:00 Flower Arranging – <b>G</b><br>2:00 Northville Cider Mill<br>3:00 Bingo- <b>G</b><br>4:30 Dinner music with Brook | Daily Chronicle<br>10:30 Bible Study with LaNette room to room<br>11:30 Chair Exercise- <b>G</b><br>2:00 Our Lady of Victory Catholic Prayer Service- <b>C</b><br>2:30 Senior Singers- <b>T</b><br><b>Virginia's Birthday!</b> | Daily Chronicle<br>Thursdays with Ted<br>10:30 Pastor Schroeder - <b>C</b><br>11:15 Cardio Drumming- <b>G</b><br>2:00 Arts and Crafts with Germaine | Daily Chronicle<br>11:00 Armchair aerobics <b>G</b><br>1:00 Card games-CY<br> 2:00 Movie Matinee & Popcorn- <b>T</b><br>Patio Talks and S'mores! | Daily Chronicle<br>10:00 Strolling Fellowship room to room<br>11:30 Weekend Fitness- <b>G</b><br>2:00 Matinee Movie with Popcorn<br>3:00 Manicure Time and Essential Oils<br><small>Autumn Begins</small> |

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| Daily Chronicle <b>24</b>  | Daily Chronicle <b>25</b>   | Daily Chronicle <b>26</b>  | Daily Chronicle <b>27</b>   | Daily Chronicle <b>28</b>  | Daily Chronicle <b>29</b>   | One on One Visits in rooms <b>30</b>   |
| 10:00 Strolling Fellowship room to room coffee bar!<br>1:00 After Lunch walks Outside<br><b>1:00 Detroit Lions Game!</b><br>3:00 Bingo- <b>G</b><br><small>Yom Kippur Begins</small> | Daily Chronicle<br>11:00 Exercise with Hari- <b>G</b><br><b>12:30 Oktoberfest Party</b><br>2:00 Movie Matinee and popcorn- <b>T</b><br>3:00 Outside Card games - CY | Daily Chronicle Essential Oil and Hand Massage<br>11:30 Grand Traverse Diner Lunch<br>2:30 Flower Arranging – <b>G</b><br>3:00 Bingo- <b>G</b><br>4:30 Dinner music with Brook<br><b>Adele's Birthday!</b> | Daily Chronicle<br>10:30 Bible Study with LaNette room to room<br>11:30 Chair Exercise- <b>G</b><br>2:00 Our Lady of Victory Catholic Prayer Service- <b>C</b><br>2:30 Senior Singers- <b>T</b> | Daily Chronicle<br>Thursdays with Ted<br>10:30 Pastor Schroeder - <b>C</b><br>11:15 Cardio Drumming- <b>G</b><br>12:30 Hot Dog Lunch and <b>Tiger Game Fun!</b><br><b>Jane's Birthday!</b> | Daily Chronicle<br>11:00 Armchair aerobics <b>G</b><br>1:00 Card games-CY<br>2:00 Movie Matinee & Popcorn- <b>T</b><br> Patio Talks and S'mores!<br><small>Sukkot Begins</small> | 11:30 Weekend Fitness- <b>G</b><br>2:00 Essential Oils & Hand Massages room to room<br>3:30 Strolling Coffee Bar |